

Early Education Programs

(Before/After School, Child Care, Nursery, Enrichment Classes, Parent/Child Classes)

Early Education at the YWCA

The YWCA Early Education departments provide quality programs that support the "whole" child. Our staff are experienced educators who understand the social, emotional and physical development of young children.

We offer age appropriate curriculums that build on early literacy, math and science competencies that are filled with great learning experiences as well as enrichment activities (age appropriate) such as music, gymnastics, swimming, language, arts and crafts, physical fitness, and much more.

Before School Breakfast Club

For Elementary school age children and children in our Nursery School program Call for informationext. 109 The YWCA offers a Breakfast Club program from 7:00am through the time that the students board their school bus, for families with children in White Plains elementary and private schools. Light breakfast and activities are provided. Kindergarten through 5th grade welcome. Children in our 3's and 4's nursery classes will be brought to their room at 9:00 a.m.

A non-refundable deposit of \$250 is required at time of registration; this deposit includes your child's program membership fee.

Fees are for the full school year:

September 2010 - June 2011:		
5 mornings	\$1,800	NSEA5D
3 mornings	\$1,200	NSEA3D

Kids' Connection After School Program

Directorext. 109

Be active, make friends and have fun in Kids' Connection. Children will be offered activities such as fitness, cooking, arts and crafts, indoor and outdoor play

and dancing. The program observes the White Plains School District calendar through June 2011. Hours are 3:00-6:00pm. A Kids' Connection staff member meets each child on arrival at the YWCA. Children's annual membership fee of \$50 is included.

Transportation may be available for out-of-district students for an additional fee. Please call for more information and fee schedule.

> School Holiday Program

Brighten your child's holiday by registering them for a day of fun and adventure (ages 5-12). Age appropriate activities will be offered to encourage exploration, learning, and discovery. Hours of operation are 8:00 a.m.-6:00 p.m. with a daily fee of \$55 per child, or \$45 for children with YWCA membership. An additional \$15 will be charged to those who do not pre-register. Fall dates are:

September	
September 9	KC0909
September 10	KC0910
October	
October 11	KC1011
November	
November 2	KC1102
December	
December 27	KC1227
December 28	KC1228
December 29	KC1229
December 30	KC1230

> School Half-Days

Following the White Plains School District calendar, we offer half-day programming on days that schools close early. Other school schedules may be accommodated.

Fee: \$40 per child; \$30 for children with YWCA membership.

December 16	KC1216
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Child Care Center

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Our educational philosophy is based on our knowledge of how children develop and learn. We strive to create safe, nurturing, child-centered environments that are age-appropriate for children eight weeks to 5 years old.

In operation for over 23 years, the Child Care Center reflects the mission of the YWCA, which encourages familiarity with, and respect for all cultures.

Infant -Toddler - Preschool

We offer full day programming on a corporate calendar. Located in a wing of the YWCA Activities Building, the Child Care Center provides a wide range of learning and recreational opportunities for young children.

Extra curricular age-appropriate activities include music, nature, swimming and gymnastics. In addition, the YWCA offers special activities throughout the year such as fitness classes and demonstrations, gardening, summertime fun, guest artists, etc.

The educational program in our Preschool classes offers a solid foundation of learning and cognitive development that prepares our children for Kindergarten and beyond.

Our Child Care Center is licensed by the New York State Department of Social Services.

Please call x112 for hours and fees.

Children's Center at the County Courthouse see p. 17

Nursery School

Nursery School Office.....ext. 142

The YWCA Nursery School prides itself on the quality of its teaching staff. Our Director has over 20 years experience in Early Childhood education. She leads an experienced, professional, and early childhood trained staff.

Since 1966, our preschool has offered developmentally appropriate programs for 2-5 year olds. Program activities support social interaction, emotional growth, intellectual challenge, physical development and creative expression. The emphasis on anti-bias curriculum helps children explore similarities and differences, which broadens understanding and works against bias.

Registration is for the entire year and continues until all spots are filled. For more information on our staff and program, visit our website:

www.ywcawhiteplains.com.

Growth and Learning Specials

Every day, children are inspired through music, art, movement, stories and our rich array of educational materials. We focus on growing the whole child - mind and body. Students participate in a wide range of activities, unique to the YWCA including:

Gymnastics (included for ages 3-5) - led by experienced and certified instructors.

Aquatics - teachers in our award-winning program gently and safely teach your 4 & 5 year old how to swim.

Musical Munchkins - children discover music through singing, creative movement and rhythm instruments.

Nature of Things - teaching children about farm and woodland animals

Mad Science (Beyond Preschool Program only) offers hands-on science lessons.

Talk N' Drum (Beyond Preschool Program only) promotes Spanish instruction through music.

Handwriting w/o Tears (ages 4-5)

Fall 2010 Registration

If you are considering Nursery School for your child in September 2010, please call the Director and schedule a personal tour. You will visit the classrooms and learn about our programs, philosophy and goals for each child. **Please call x141 or x142 for fees.**

(We have added an extra two weeks!)

September 13, 2010 - June 16, 2011

>2-year-olds (by Oct 31, 2010)

9:15 am – 11:15 am

Available two or three days a week.

Two year olds are nurtured and parents are supported as they slowly separate from their child. Musical Munchkins and Nature of Things are offered.

>3-year-olds (by Dec. 31, 2010)

9:00 am – 11:30 am or 9:00 am - 3:00 pm

Available 3 or 5 days a week.

Available three or five days a week. Three year olds are encouraged to socialize and make new friends as they gradually move from parallel to cooperative play. Participation in instructional gymnastics and yoga promotes physical fitness and also builds self-esteem.

>4-year-olds (by Dec. 31, 2010)

9:00 am – 11:55 am five days a week or full day program three or five days a week from 9:00 am – 3:00 pm.

Children continue their social development as they move into pre-kindergarten activities that stimulate their cognitive growth. In addition, our curriculum provides the children an opportunity to experience gymnastics, instructional swim, Musical Munchkins, and Nature of Things.

The Full Day Program includes enrichment curriculum in the afternoon with diverse topics: science, Super Soccer, literacy, art and more. Children bring lunch, have a rest time, and outdoor play.

>Beyond Preschool Class

For older 4's & 5 year olds. Five full days offers a diverse curriculum and gives the "in between child" an option.

9:00 am - 3:00 pm five days a week

This innovative program has been specifically designed for children who turn five early in the year, and miss the cut off date for kindergarten. The children enrolled in this class have developed longer attention spans and are ready for a more challenging and sophisticated curriculum. Beyond Preschool is also the perfect alternative for the child who is eligible for Kindergarten and needs the gift of an extra year.

Mad Science, swim, gymnastics, Super Soccer and Spanish instruction are additional components to the curriculum.

Additional Hours.....

Early Drop-Off program is available at 7:00 am or 8:15 am.

Late Pick-Up until 3:45 pm is available for 3 – 5 year olds.

Late Pick – Up until 6:00 pm is available for 5 year olds (5 by 12/31/11)

Lunch Bunch for Two's is available in October from 11:15 am – 12:00 pm.

Enrichment classes for 3-5 year-olds available after morning sessions.

Our Nursery School is licensed by the New York State Department of Social Services.

JOIN US For An OPEN HOUSE: Sept 28 and Oct 4 9:30am - 11:00am
 Call (914) 949-6227 x142 or x141 for information.

Parent/Child Classes

We welcome children 14 - 48 months and their special grown-up to these innovative programs. Age appropriate activities promote physical, emotional, social and intellectual development.

'Little Explorers' and 'Twice the Fun' have a professional early childhood facilitator to encourage networking, provide resources and information, and guide discussions on sleep patterns, food issues, allergies, temper tantrums, choosing nursery schools or day care, and more. See for yourself why parents say, "It's an experience that lasts a lifetime."

- Age requirement is as of Oct 2010
- Registration is first come/first served.
- Class sizes limited.
- Child's membership of \$50 is required.
- Classes are age specific to best provide a program that is developmentally appropriate for your child.

Little Explorers (12 - 22 mos. w/ adult)

Designed for the parent/caregiver and child to gradually separate from each other in a gentle, positive way. Linda Stern LCSW, leads an adult discussion group, while children are engaged in exploratory play and creativity with an experienced, nurturing teacher.

Mondays Fee: \$300 PCMI1E
 Oct 18 - Jan 10 9:15 am - 10:30 am
 (No class Dec 27)

Twice the Fun (23 - 36 mos. w/adult)

Your child will engage in exploratory play, arts and crafts, and have fun with his/her teacher; you will explore the wonders of child development and the joys of parenting with facilitator Linda Stern, LCSW. This class will prepare you and child for Nursery School and beyond. We also supply a healthy snack for children.

Tuesdays Fee: \$325 PCT1TF
 Oct 19 - Jan 11 9:15 am - 10:30 am
 (No class Dec 28)

Beginnings: Mommy & Me

1 - 11 months old (non-walkers)
 This class offers a wonderful opportunity to ask questions, share experiences, and get support. Each week Linda Stern, LCSW, will address new topics from balancing baby needs with family needs, sleep deprivation, expectations of oneself as a new mom, and much more.

Mondays Fee: \$240 PCM1BM
 Oct 18 - Jan. 10 10:45am - 11:30am
 (No class Dec 27)

****NEW** PRE-SCHOOL PLUS**

(Ages 36 - 48 months with parent/caregiver)
 The transition from Mommy and Me to Pre-School can be a whole new experience for you and your child. Pre-School Plus offers you the best of both worlds. While your child is engaged in activities with the teacher, you will have time to explore topics such as: new challenges you face with a preschooler, discipline, nutrition, etc. Led by Linda Stern, LCSW.

Tuesdays Fee: \$350 PCT1PP
 Oct 19 - Jan 11 10:45 am - 12:00 pm
 (No class Dec 28)

Enrichment Classes

For 3 - 5 year olds. Bring your lunch, make new friends, and enjoy specifically designed activities each day. Limited spaces. **Registration deadline is Tuesday, October 12.**

Growing Healthy Kids It's never too early to learn about healthy eating and how to cook simple recipes. Children will explore varieties of foods each week with Judy Eisele, Certified Health Counselor. Judy is also a pre-school gymnastic teacher at the YWCA and knows all about having fun with young children.

Monday PCM1HK/M2HK
 3year olds (by 12/31) 11:30 - 12:45pm
 4 year olds (by 12/31) 12:00 - 1:15pm
 Oct 18 - Jan 10 Fee: \$265
 (No class Dec 27)

Playtime in Spanish Early childhood is the best time to learn a foreign language. Come join the fun of Spanish through music, stories, arts and crafts, games and more. Children will learn greetings, foods, animals, nouns and songs with Miss Penny Levesque.

Tuesday PCT1PS/T2PS
 3year olds (by 12/31) 11:30 - 12:45pm
 4 year olds (by 12/31) 12:00 - 1:15pm
 Oct 19 - Jan 18 Fee: \$260
 (No class Dec 28)

Tiny Tech Wizards Your child's learning adventure will take him/her to imaginative places such as Email Trail or Internet Island. Advancing at their own pace, children use technology to solve problems and enhance early reading and writing skills. Led by certified Imagine Tomorrow teacher Mary Ann Harrison. Small class, individualized attention. Access to computers provided.

Wednesdays PCW1TW/W2TW
 3year olds (by 12/31) 11:30 - 12:45pm
 4 year olds (by 12/31) 12:00 - 1:15pm
 Oct 20 - Jan 19 Fee: \$260
 (No class Nov 24, Dec 29)

Wonders of Science Young children are naturally curious about the world around them. Join Miss Toni Palumbo and have your child experience hands on science activities and the world of nature.

Thursdays PCH1WS/H2WS
 3year olds (by 12/31) 11:30 - 12:45pm
 4 year olds (by 12/31) 12:00 - 1:15pm
 Oct 21 - Jan 20 Fee: \$190
 (No class Nov 11, 25, Dec 9, 23, 30)

Kaleidoscope Every Friday your child will be surprised with a new activity from cooking to science, art and crafts to puppetry, literacy and much more.

Fridays PCF1KA/F2KA
 3year olds (by 12/31) 11:30 - 12:45pm
 4 year olds (by 12/31) 12:00 - 1:15pm
 Oct 22 - Jan 21 Fee: \$210
 (No class Nov 26, Dec 10, 24, 31)